

Living Flame - A National Level Formation Program

hosted by Contemplative Outreach of Ky.



This extraordinary program includes seven full-day offerings of in-depth spiritual study presented over a seven month period by commissioned presenters of various national Service Teams of Contemplative Outreach, LTD.

The Living Flame program is presented in one-day retreat experiences, with ample time for presentations and group discussion, combined with Centering Prayer and silence. Participation in this program is for the entire series.

DATES and TOPICS:

Oct. 21, 2017 **The Refinement of Centering Prayer** - Therese Saulnier
Exploring the sacred symbols (word, breath, glance) • Active/Breath Prayer • Minute Book

Nov. 18, 2017 **Lectio Divina** - Leslee Anne Terpay
Scholastic method • Christian prayer rooted in Scripture • Relationship
skip Dec.

Jan. 20, 2018 **The Human Condition** - Jim McElroy
True self/false self • Emotional programs for happiness

Feb. 17, 2018 **Divine Therapy** - Rickey Cotton
Understanding the Spiral Staircase • The healing process initiated by Centering Prayer

Mar. 17, 2018 **The Dark Night of Sense** - Susan Komis
Signs/Temptations • Mourning

Apr. 21, 2018 **The Welcoming Prayer Practice** - Mary Dwyer
Consent on the go • Mary and Martha

May 19, 2018 **The Discernment Practice** - Cherry Haisten
Advantages/disadvantages • Refining our question

The Living Flame program is designed to teach the vital conceptual background needed to support a faithful practice of Centering Prayer. It offers encouragement and support in a small community setting, heightens the awareness of the purification process, helps discern when psychological skills can be helpful tools and provides the opportunity to give and receive spiritual companionship.

LOCATION: St. Bernadette Catholic Church, Parish Center, Prospect, Ky.

TIME: 9:00 AM - 4:00 PM, on the 3rd Saturday each month

FEE: Program fee is \$275. A non-refundable \$75. deposit due with registration (included in program fee). For your convenience, payments may be made as follows:
Second payment - \$100. due May 31, 2017 Final payment - \$100. due August 31, 2017

REGISTRATION: Mail name, address, phone # and email with deposit to: Judy Sharer
Check payable to: Contemplative Outreach of Ky. 556 Gates Road
Registration ends Sept. 15, 2017 Elizabethtown, Ky. 42701

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